



Nikki Shaner
Marketing Coordinator
952.400.2553
nshaner@videoguidance.com



Video Guidance Receives Growth 50 Award for Second Consecutive Year

MINNEAPOLIS, MN October 26, 2006 - Video Guidance, the leading video, voice, streaming, and web conferencing services provider was once again honored by The Business Journal last Thursday evening by being chosen as one of the 50 Fastest Growing Privately Held Companies in the Twin Cities Metro Area.



“Being recognized as one of the 50 fastest growing companies is a great honor and it is especially gratifying to have received this recognition two years in a row,” stated President & CEO Michael Werch. “Our commitment to managed growth and industry focus has paid off since our inception in 1999. Having supportive and long-standing customers, coupled with a professional sales and support team at Video Guidance has allowed us to achieve continued growth and success,” continued Werch.

The Growth 50 list includes manufacturers, mortgage lenders and bankers, retailers, high-tech and med-tech, security professionals and restaurant management firms. Together, these 50 Twin Cities companies had more than \$1 billion in revenue within the past year and averaged 168 percent growth over the past three years. To be eligible for the Growth 50 list, companies had to be privately held and based in the nine-county Twin Cities metro area.

About Video Guidance

Video Guidance, (www.videoguidance.com) is committed to continually evaluating the latest in video, voice, streaming, and web conferencing technologies. We provide the products, services, and solutions that will give organizations the ability to enhance internal and external communications. Video Guidance also provides unsurpassed network services; managed services; training and outsourcing resources; sales, leasing, rental options; audio conferencing, web collaboration, video bridging and video streaming services; domestic and international public room rentals; and 24/7 technical assistance. Strategic alliances include: Conference Plus, Codian, Tandberg (OSLO: TAA.OL), Polycom (NASDAQ: PLCM), LifeSize, Starbak, Centra Software, Inc. (NASDAQ: CTRA), On Stream Media Corporation, Radvision (NASDAQ: RVSN), Philips, VFI, and NetWolves. For a free demonstration and more information contact: info@videoguidance.com, or by phone at 877.314.1024.